

Locations

Movement Solutions Physiotherapy operates from two locations:

948 Logan Rd, Holland Park

Pacific Private Hospital, Suit 5B, Level 6, 123 Nerang Street, Southport

We also offer In Hospital care to patients who have been referred by specialists.

Clint and Bianca Nielsen from **Orthotic Solutions Queensland (OSQ)** visit our clinic.

OSQ is a specialist clinic dedicated to providing high quality medical devices and orthoses. The Orthotists at OSQ work closely with your Physiotherapist to supply appropriately prescribed and designed devices to patients with injury and/or disability using products designed to support all levels of the skeletal system. OSQ can provide Custom-made and Prefabricated orthotic devices.

Stuart Reardon, attends our rooms weekly for **Podiatry** requirements. He is an experienced accredited podiatrist with a special interest in the diagnosis and management of childhood sporting and walking conditions. Stuart has worked with the Bronco's, several members of the Queensland Bulls, QAS basketball and elite triathletes as well as children's sport. Stuart and our physiotherapists work together to achieve the best

possible outcome for your child.

Appointments can be scheduled through our reception.



PAEDIATRIC PHYSIOTHERAPY

**948 Logan Rd, Holland Park
Holland Park QLD 4121**

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Fax: 07 3324 1022

E-mail :

reception@movementsolutions.com.au

PAEDIATRIC PHYSIOTHERAPY



Tel: 07 3324 2490

Paediatric Physiotherapy

Movement Solutions Physiotherapy

aims to maximise a child's physical potential.

Melissa Locke, Dace Johnson, Jane Brooksbank and **Tracey Smythe**, are a group of dedicated physiotherapists with a



special interest in paediatrics.

We are passionate about providing an outstanding service to you and your child. Our service is goal related and functionally based.

Paediatric physiotherapy aims to optimise a child's function as they grow, irrespective of their physical condition.

Physiotherapy will assist children with a neurological condition such as **spina bifida** or **cerebral palsy**, or children with developmental syndromes to move independently, play sport or exercise for fitness. Individual assessment and care to maximise their function and minimise stress on their growing body is essential.

Newborn babies with postural conditions are seen at our practice. Babies and toddlers with **developmental delay** or **motor co-ordination**



Spinal conditions, poor posture, awkward walking and **running styles** are best addressed at a young age to reduce and prevent long term pain and dysfunction.

Paediatric physiotherapy takes into consideration the impact of growth and growth spurts on the child and uses this knowledge to treat each child accordingly.

Services

Our professionals have experience in the assessment and management of:

- **Neurological conditions** such as **cerebral palsy** and **spina bifida**
- **Developmental issues** like **motor co-ordination** difficulties

- **Musculoskeletal conditions** as well as **acute and ongoing sporting injuries**
- **Back pain or spinal deformities** such as **scoliosis**
- **Early intervention** for children at risk of **developmental delay**
e.g. prematurity
- **School and preschool** assessments
- **Splinting, casting and orthotics** prescription
- **Wheelchair, seating and equipment** prescription
- **Sport screening and safe exercise guidelines** for the young
- **Physio Fit Gym Classes**—strength, fitness and co-ordination classes : individualized, supervised and fun!
- **Total Body Vibration Machine**
- **Preparation of medicolegal Reports**

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